



NAM COLLEGE KALLIKKANDY

Affiliated to Kannur University



REGULAR ACTIVITIES 2020-21

NATIONAL SERVICE SCHEME UNITS 31 & 32

Even though we were not able to do many activities or conduct different programs due to COVID 19 ,we tried to keep the tempo of Volunteers inclines towards social service and ‘not me but you’ attitude to the maximum level by inducing them to commemorate important days and events through WhatsApp by putting posters etc.

At the same time Volunteers did various real time activities such as plant sapling, YOGA, cleaning homes and neighbourhoods etc. And they posted the pictures of the same in the NSS groups for documentation whenever the time required to do so.

In addition, several webinars were conducted to make the volunteers to keep abreast of the contemporary events of significance from India and the world during the pandemic period of COVID 19 ie 2020-21.



NSS volunteers were inculcated to prepare for rainy season by doing Check blockage in drainpipe outlet at Roof and Balcony, Check Electrical fittings and check the surroundings to maintain health and hygiene.

കണ്ണൂർ യൂണിവേഴ്സിറ്റി എൻ.എസ്.എസ് സെല്ലിന്റെ ആഭിമുഖ്യത്തിൽ ശുചീകരണ ചലഞ്ച്

ചിട്ടയ്ക്ക് മുന്നേ

വരും ദിവസങ്ങളിൽ വിടിച്ചുപരിശ്കരണ വെള്ളം കെട്ടി നിൽക്കാനു സാധ്യതയുള്ള ചെടുകൾ, പാറ്റകൾ, ചിരട്ട മുതലായവ ശുചീകരിക്കുക. പരിസരങ്ങളിലെ ജലാശയങ്ങളിൽ നിരവോഴ്കൽ തടസ്സപ്പെട്ടിട്ടുണ്ടെങ്കിൽ അത് പരിഹരിക്കുക, കമ്പോസ്റ്റ് കുഴികൾ നിർമ്മിക്കുക

കണ്ണൂർ യൂണിവേഴ്സിറ്റിക്ക് കീഴിലെ 7400 എൻ.എസ്.എസ്. വള്ളിയൂർക്കാട് പങ്കാളികളാവാൻ

വള്ളിയൂർക്കാട് ശുചീകരണ പ്രവർത്തനങ്ങളുടെ വിവരങ്ങൾ www.facebook.com/knruynss എന്ന ഫേസ്ബുക്ക് പേജിൽ അപേക്ഷ ചെയ്യുക



The volunteers of the NSS units of our college enthusiastically celebrated the World Environment Day of this year by organising several programmes like planting saplings in and around their houses, the NSS volunteers made a small size soakage pit in the compounds of their homes for water conservation. A poster and video were also circulated among volunteers to create awareness regarding importance of being responsible towards the society.





Commemoration of Vaikom Muhammed Basheer's death anniversary was held through social media platform by the NSS Volunteers of our college. A few gems from the Veteran's works were briefed by NSS Volunteers to commemorate Basheer's death anniversary.



The theme for International Yoga Day 2020 is Yoga for Health - Yoga at Home. The NSS volunteers of NAM College took the initiatives by promoting the theme, Yoga at Home, Yoga with Family, as a part of the activities in the run up to the International Yoga Day Celebration on June 21. NSS volunteers celebrated this occasion by performing Yoga asnas at their home. The initiative taken by these young volunteers is inspirational and motivating for boosting mental health during this pandemic.





NSS UNITS 31 &32
NAM College Kallikkandy
 ജൂൺ 14
ഇന്ന് ലോക
രക്തദാന ദിനം
 രക്ത ദാനം മഹാദാനം

Give Blood Save Life

Blood Donor Day

"ANYBODY CAN SAVE LIVES"
"DONATE YOUR BLOOD FOR A REASON, LET THE REASON TO BE LIFE"

June 14
World Blood Donor Day

NSS UNIT NAMC KALLIKKANDY

" ലഹരി രഹിത ജീവിതം "
" നിയമ ഹരിത ജീവിതം "
 ലഹരിപദാർത്ഥങ്ങൾ ഒഴിവാക്കൂ...
 ആരോഗ്യത്തോടെ ജീവിക്കൂ

ലോക ലഹരി വിരുദ്ധ ദിനം
 ജൂൺ 26

ലഹരി വിരുദ്ധ ദിനം
 ആശംസകൾ



As part of Onam Celebration various programmes and competitions were conducted for NSS Volunteers. Eventhough the programmes held in virtual platform, volunteers enthusiastically and competitively participated in all events.



More than 50 NSS volunteers got orientation on Disaster Management and received certificates in view of the frequently hit different natural calamities like flood, cyclone, landslide etc., that would make them proactive in the event of any natural calamities.



On 24 September, NSS Day was celebrated and the Programme Officer Dr. Abdul Gafoor CV addressed the volunteers through google meet and explained the importance of serving the people and also becoming an helping hand for the needy society.

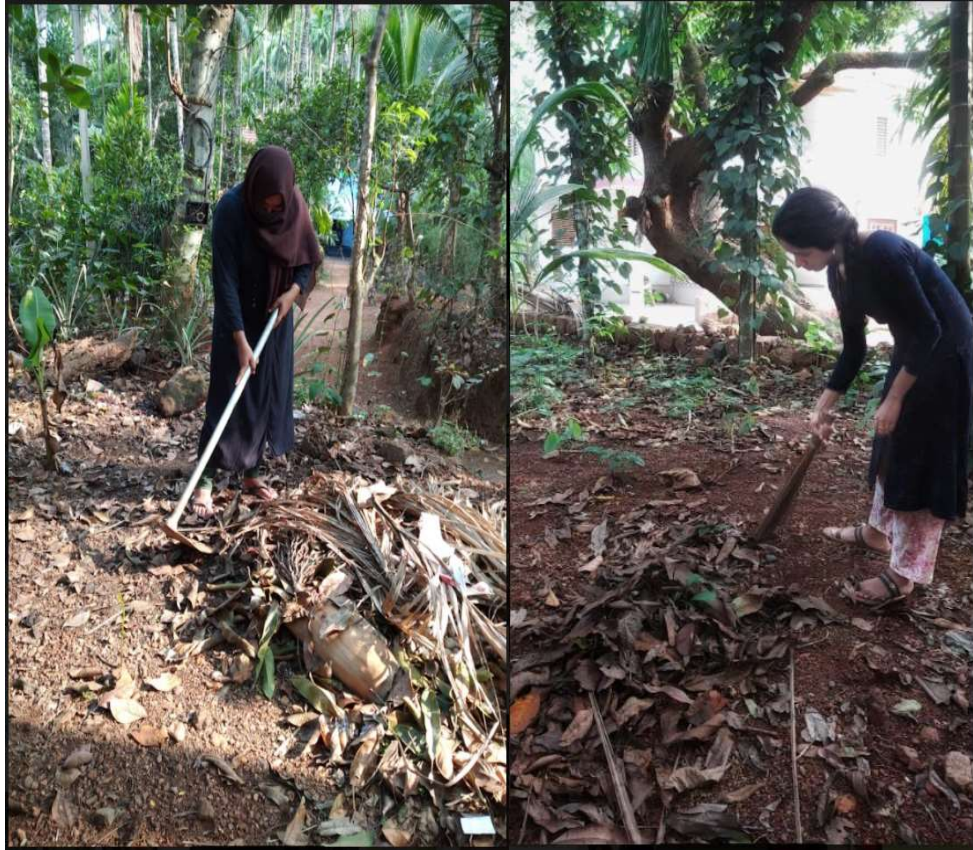
**NAM COLLEGE KALLIKKANDY
NSS UNITS 31 AND 32**

*"Everyone must be his own scavenger".
~ Mahatma Gandhi*



October 2, Gandhi Jayanthi was celebrated with various activities like cleaning etc. Due to pandemic COVID 19, students were particularly instructed to concentrate only at their own houses for cleaning and make the day a memorable one.





Volunteers cleaning their surroundings as part of celebrating Gandhi Jayandhi.

***Let us all follow the path of truth and wisdom,** and pay homage to the Father of the Nation on this day. *On this Gandhi Jayanti, let us pay homage to this great leader. *May Bapu and his teachings always guide us to fight for the good, fight with peace and brotherhood.


NAMC NSS UNITS 31 &32
**TOGETHER,
 LET'S ERADICATE
 CORRUPTION AND
 BUILD A NEW INDIA.**

Vigilance awareness week
 Oct 27 to Nov 02 2020



NAM College Kallikkandy

Vigilance Awareness Week(VAW)observed from 27th October to 02nd November 2020 with the theme “Independent India @75: Self Reliance with Integrity”



**WORLD
 AIDS
 DAY**

DECEMBER 1st

NAM COLLEGE, NSS UNITS 31,32

National Pollution Control Day



NAM COLLEGE, KALLIKKANDY NSS UNITS 31,32

World AIDS Day observed on 1 December,the theme “**Ending the HIV/AIDS Epidemic: Resilience and Impact**”, which will focus on creating global solidarity among people who live with HIV and also seek to destigmatize the health issue. National Pollution Control Day observed to “**raise awareness about the importance of pollution control and educate people on how to prevent pollution**”.



കേരള സർക്കാർ
വനിതാ ശിശു വികസന വകുപ്പ്
കണ്ണൂർ ജില്ല



സ്ത്രീകൾക്കെതിരെയുള്ള അന്ധീകരങ്ങൾ ഇല്ലാതാക്കാനുള്ള അന്താരാഷ്ട്ര ദിനാചരണം

പിൻചുവർ പാക്കന്തോൺ

04 December 2020
03.00 PM to 04.00 PM



Walkathon link - <https://bit.ly/2Jk7eQ1>



NAM COLLEGE, KALLIKKANDY NSS UNITS 31,32



TALK BY
Adv. Babitha
(Member Kerala state Child Rights Commission)

On The Topic:
Volunteering to support Child rights

DEC 5th, 11 AM |



Directorate of General Education



പ്രതിജ്ഞ

ഞാൻ കാരണമോ, എന്റെ കുടുംബാംഗങ്ങൾ, സുഹൃത്തുക്കൾ മുഖേനയോ കൊറോണ വൈറസ് പടരില്ലെന്ന ഒരു NSS വളണ്ടിയറായ ഞാൻ നിർബന്ധമായും ഉറപ്പു വരുത്തും. വളണ്ടിയറെന്ന നിലയിൽ ശക്തമായ രോഗ പ്രതിരോധത്തിന് ഞാൻ സമൂഹത്തിന് കാവലാളാകും.



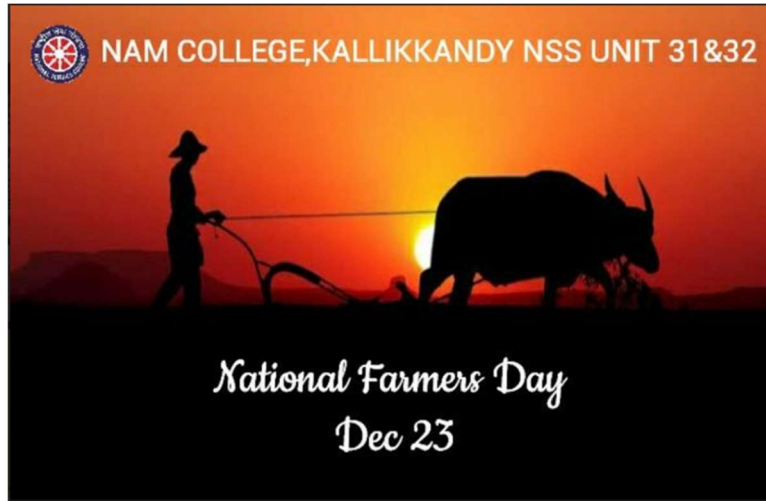
FRESHERS PARTY

ON
CHRISTMAS
DAY

7 PM
ON

SREYA VENUGOPAL
(2nd Year Msc Maths, Playback Singer)

NAM COLLEGE KALLIKKANDY NSS UNIT 31&32

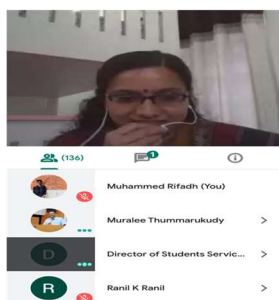


National Farmers' Day, or Kisan Diwas, was celebrated by NSS Volunteers on December 23 to honour India's farmers and mark the birth anniversary of the nation's fifth prime minister, Choudhary Charan Singh. They got awareness about farmers and their role in the economy, which in turn created **social responsibility** among the students.



INDUCTION PROGRAMME FOR *New Volunteers*

on 02.01.2021 at 10:00 AM

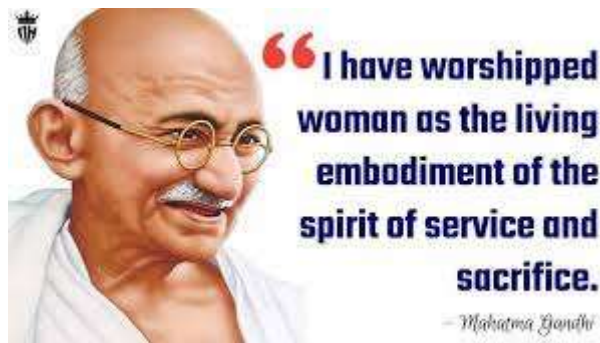


Dr. M.K. Madhusoodanan
Associate Professor of
Physical Education

International Seminar on Volunteering. Orientation for New Volunteers when College Reopened in January 2021



The most awaited day for NSS Volunteers was International Women's Day. Because its time to celebrate the achievements of women, whether social, political, economic, or cultural. This day made them to perceive Women are a valuable part of society, they are the key to preserve the human race and in today's world, the importance of women in society is beyond any suspicion.



The initiative taken by NSS Volunteers had successfully ensured the birds who were searching for water could come and quench their thirst. Provided birds with water, placed bowls of water on windowsills, on balconies, on terraces, and in gardens.